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Sound Mind Sound Body camp preview

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Tom VanHaaren
ESPN Staff Writer

Jun 10, 2015



The Sound Mind Sound Body camp in Detroit is always one of the more talked about events, because it offers both prospects and coaches a unique experience unlike most camps. College coaches are able to attend and coach at the event, which allows them to see a lot of their targets up close and personal.

This year's event begins June 11 and will have over 48 colleges represented from all different levels, with over 200 coaches scheduled to be on hand for the two-day event. That includes Urban Meyer, Jim Harbaugh, James Franklin, Mark Dantonio, P.J. Fleck, Tim Beckman, Scott Frost and plenty of others.

Some of the coaches will be speaking to the camp participants on various topics

and some will be leading the position groups during the on-field portion of the camp.

Participating quarterbacks will be coached by Michigan quarterback coach Jedd Fisch and Oregon's Frost. Running backs will be coached by Bowling Green's Vince Marshall and the linebackers by Michigan defensive coordinator D.J. Durkin. The offensive linemen in attendance will work with Ohio State's Ed Warinner while their defensive counterparts will work with Buckeyes' defensive line coach Larry Johnson. Michigan State receivers coach Terrence Samuel will work the wideouts while his staffmate, Harlon Barnett, will coach up the defensive backs.



Messiah DeWeaver, a Michigan State commit, headlines the quarterbacks expected at the Sound Mind Sound Body camp. Chantel Jennings/ESPN

This type of opportunity always draws big names to the event, which has seen Notre Dame's [Jaylon Smith](#), Ohio State's [Damon Webb](#), current Florida State commit [Malik Henry](#) and plenty of others come through the camp.

This year is no exception as there are 136 recruits currently holding offers expected to be at the event ranging from the 2016 to 2019 classes. Here is a look at some of the bigger names projected to make it out to the camp.

QUARTERBACK:

Michigan State quarterback commit [Messiah DeWeaver](#) is the biggest name listed at his position, so he will have a good opportunity to recruit for the Spartans with some of the other offensive prospects he'll be working with. DeWeaver will mainly be joined by younger prospects, including three 2019 signal-callers who all hold Akron offers in Sam Johnson, Austin Brown and Dwan Mathis.

RUNNING BACK:

The Spartans will have another big name commit at the camp with [Abdul Adams](#) scheduled to be on hand. Adams will be joined by Syracuse commit [Robert Washington](#), Iowa target Barrington Wade and a few other 2016 prospects. The 2017 class will be well represented with [Allen Stritzinger](#), Ann Arbor prospect [Antjuan Simmons](#) and local recruit [Kaiser Carleton](#).

