

Heinrich could be a major mover at Sound Mind Sound Body

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Urbandale (Iowa) High offensive guard **Jake Heinrich** (<http://247sports.com/Player/Jake-Heinrich-57398>) is a prospect that could make a huge move up the rankings of this weekend's Sound Mind Sound Body Football Academy in Detroit.



(Photo: 247Sports)

Ranked by 247Sports as the nation's No. 12 offensive guard, Heinrich is coming off a big track season and could be seriously under ranked, as he has the size, strength and athleticism college coaches covet.

In no rush to make a college decision, a few schools have made an impression on the 6-foot-4, 285-pound Heinrich.

"Schools that would be at the top of my list would be Arkansas, (Kansas State), Illinois, Iowa State and Cal as well. Louisville too, I'm just taking my time to make sure I'm evaluating my options," Heinrich said.

"I visited Arkansas this (past) weekend and had a great time. Spent time with the coaches, building a great relationship with them. I've been able to build a good relationship with a lot of schools. The Arkansas visit this weekend specifically was a good visit."

The Razorbacks certainly made an impression.

"My Arkansas visit went well. I spent a lot of time with Coach (Bret) Bielema spent more time with Coach (Sam) Pittman. It was great to meet with them. We saw everything there is to see. We really enjoyed that." i x

Heinrich enjoyed a few other trips as well.

"Iowa State I've been there several times. Illinois I visited, visited K State for a day, that went well also."

Heinrich doesn't have any future visits scheduled, and plans to use his officials before deciding.

"I want to go to a place where I feel wanted and a place I feel comfortable," Heinrich said.

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